



**Cardinal
Newman**
CATHOLIC SCHOOL



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NEWMAN NEWS

THE OFFICIAL NEWSLETTER OF
CARDINAL NEWMAN CATHOLIC SCHOOL

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Mr. Bull
Mr. Mulholland
Miss Dowdeswell
Mrs K Skawinski
Mrs V Topa
History Department
Isolina Forni
Katie Connolly



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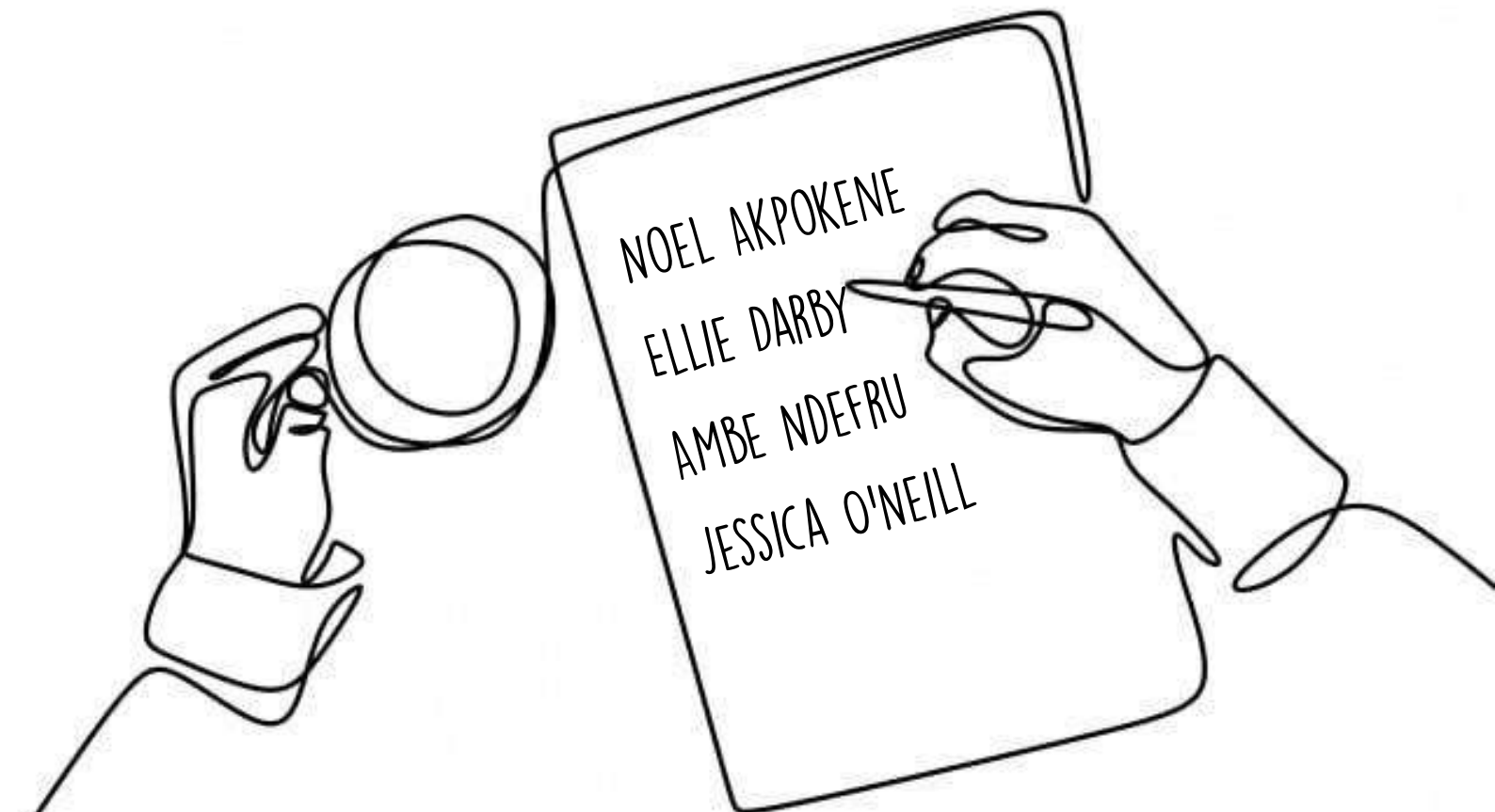
WELCOME

welcome

Welcome to your Newman News Advent edition 2021! We are excited to introduce ourselves as your new editors. We are Noel, Ellie, Ambe and Jess. Some of us have attended Cardinal Newman since Year 7 and others joined just for the Sixth Form. This opportunity was offered to us as students of A Level Media. We have taken the opportunity to hone our technical and graphic design skills and are proud of what we have produced. We'd like to thank Mr. Bull and Mrs Walker for the opportunity and we're all incredibly grateful for it.

All three of us take a variety of subjects at A-Level including English Literature, Geography and Criminology, which we wholeheartedly enjoy. Something that we all have in common is the creative spark and work ethic in order to work as a team and produce Newman News.

We are proud to be able to represent our school and we hope that you enjoy this edition of Newman News. We wish you all a safe and peaceful Christmas and look forward to the fresh hope of 2022.



Every year as we career towards Christmas I reflect on the year gone by. What a year it has been. We have experienced so much disruption but also so many blessings. I look around the school site and we have new buildings, canopies, the porous pitch is no more and we have a playground, the Visual Impairment and Autism Provisions are nearly complete, lights on the drive, new boilers, new PE changing facilities and many other things that you can't really see or notice. We also have had new staff join us and some staff started their retirement this past summer. We have then managed to continue to provide a place where children learn, play and develop despite all that the COVID pandemic has thrown at us.

I have many friends who are also Headteachers and I have to say that I am blessed to serve this community. I am blessed by the pupils that come here everyday ready to learn. I am blessed by the teachers who give their all for your children. I am blessed to have support staff that only want the best for each and everyone in the community. I am blessed that each and everyday I see how powerful positive relationships play such a key role in forging this community of warmth.

My prayer for you all this Christmas season is summed up by our patron, St John Henry Newman as he preached on Christmas Day in 1855, in his sermon titled The Joy of Christmas.

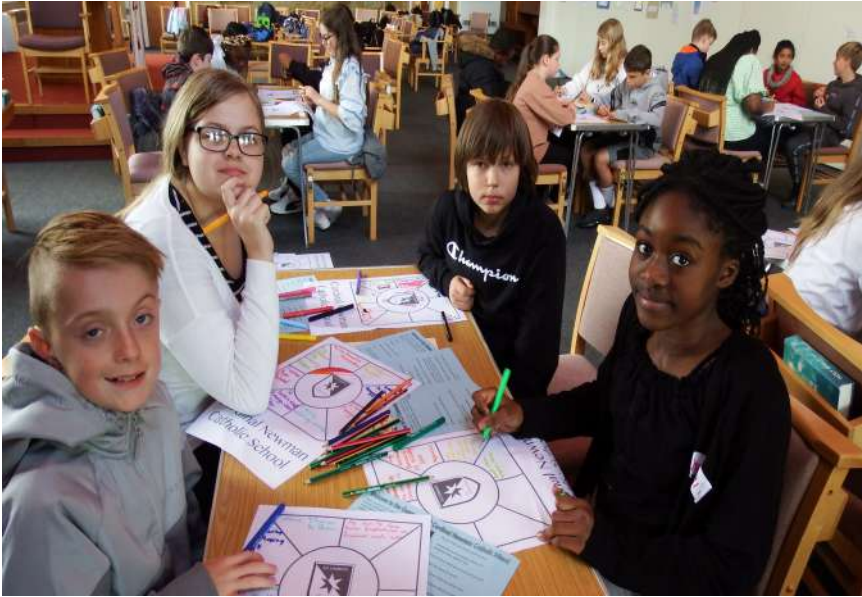
“Let us therefore seek the grace of a cheerful heart, an even temper, sweetness, gentleness, and brightness of mind, as walking in His light, and by His grace.

Let us pray to Him to give us the spirit of ever-abundant, ever-springing love, which overpowers and sweeps away the vexations of life by its own richness and strength, and which above all things unites us to

Wishing you all a blessed and peaceful Christmas.

Andrew Bull
Headteacher

CHAPLAINCY



“I enjoyed choosing the postcards about God and writing and drawing about ourselves and what makes us unique.”

“I made more friends and became closer to the people in my tutor group.”

“I learned that we have loads of talents but we haven’t found them yet.”

“It helped me realise that I have lots of talents.”



“It helped me to get to know more people and learn more about God.”

“It helped me understand that I’m special and how much God cares about every single person on earth.”



Year 7 Welcome Mass

On Monday 4th October, we were delighted to welcome Bishop David Oakley for his first visit to our school. Bishop David met with our Head Girl, Martha Ruwodo, and Head Boy, Robert Galvin, and had a tour of the school.

We were then joined by some of the local clergy and headteachers of our Catholic Partnership of schools in Luton and Dunstable for our Year 7 Welcome Mass. Year 7 had been preparing for Mass with their RE teachers and were wonderful ambassadors for our school.

Following the Mass, Bishop David blessed and officially opened our new Don Bosco Centre. He was delighted to meet staff and students and hear about the work that goes on there to support students pastorally.

Jane Porter, Chaplain

Carol Service 2021

'Waiting in Joyful Hope' was our theme as we celebrated a wonderful evening of carols, readings and drama led by students and staff.

We were delighted to raise £200.77 for the Jesuit Refugee Service, which works across London supporting destitute asylum seekers, and people in immigration detention at Heathrow.

Jane Porter Chaplain



"It is not enough to love the young; they must know that they are loved."

- Don Bosco



Don Bosco Centre Opening !





SPONSORED WALK





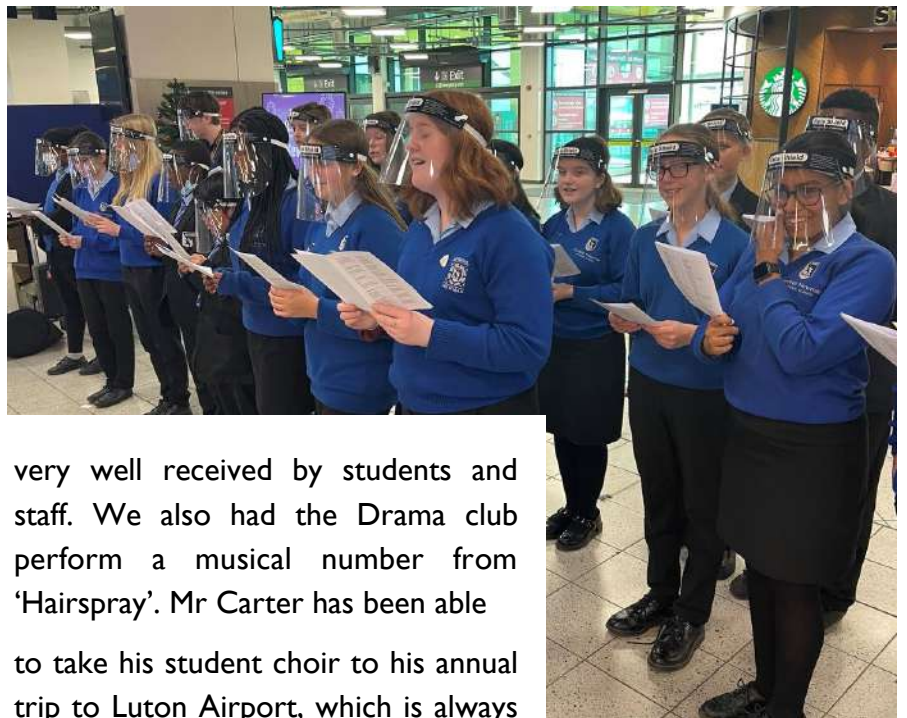
Performing Arts

Normal service has resumed in the Performing Arts Department, and it's been a long time coming! The students and staff have welcomed it back with open arms.

From the first day back, we were raring to go again. Trips were being organised. Extra-curricular activities being planned. Performances to rehearse...

Drama club commenced on Monday 20th September, and we had a brilliant turn out! Nearly 60 students have participated every week and we are currently rehearsing for the Performing Arts Christmas show on Tuesday 14th December. We can't wait to perform for the first time in two years to a live audience.

Mr Carter and his talented students have also been very busy. The steel pan band have performed several times for the Year 6 Open Evening and Black History Month assemblies. The assemblies were a brilliant way for the students to perform and celebrate Black History Month and they were



very well received by students and staff. We also had the Drama club perform a musical number from 'Hairspray'. Mr Carter has been able to take his student choir to his annual trip to Luton Airport, which is always enjoyed by those involved.



We have been lucky enough to welcome Theatre companies back into the school. Splendid Theatre Company came in and performed 'UBU' on 21st September. Frantic Theatre Company were in on 4th October and ran a workshop for KS4 and KS5 Drama students. We will also be welcoming a Shakespeare Theatre company to run a workshop in January which will be beneficial and enjoyable for the students.

The Performing Arts department have already been on several trips this academic year including going to London to watch 'Witness for the Prosecution' and 'Cinderella the Musical', and to Milton Keynes Theatre to see 'Six'. We are looking forward to taking our enthusiastic students on more trips throughout the year.

Going into 2022, the Performing Arts department are looking forward to more trips, performances, rehearsals and shows! Especially our Summer term main school production, which has been in the pipeline for two years. Exciting times ahead for the Performing Arts Department!

Mr Mulholland

“
We are looking forward to taking our enthusiastic students on more trips throughout the year
”



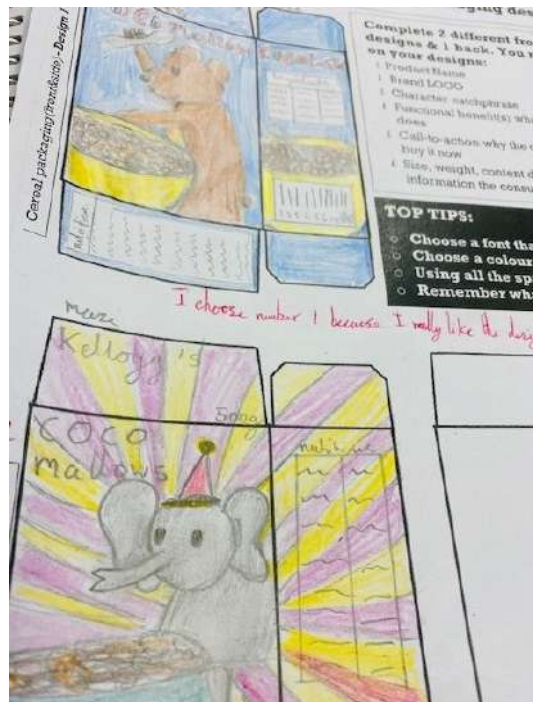
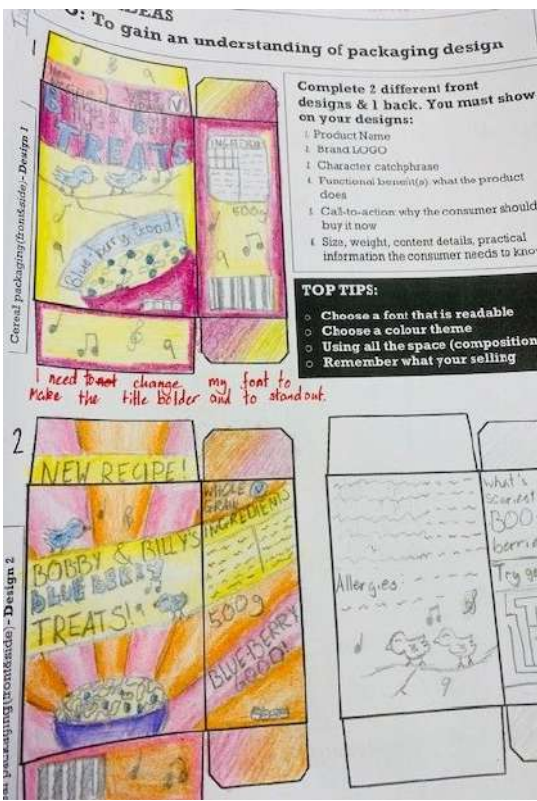
ART AND DESIGN

department

YEAR 7

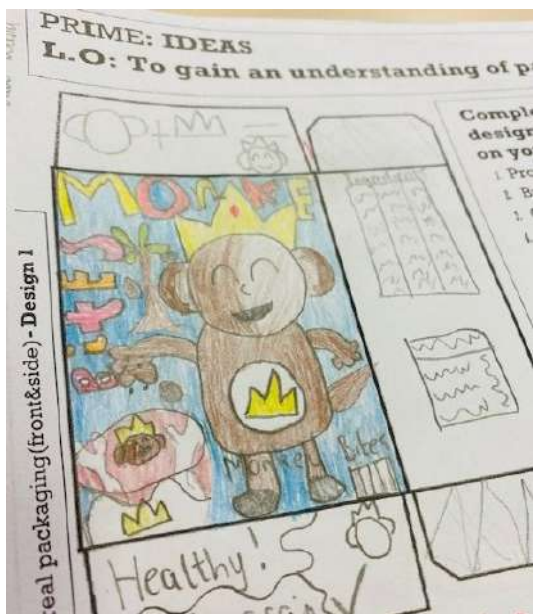
Year 7 Art and Design students, studying the Formal Elements.





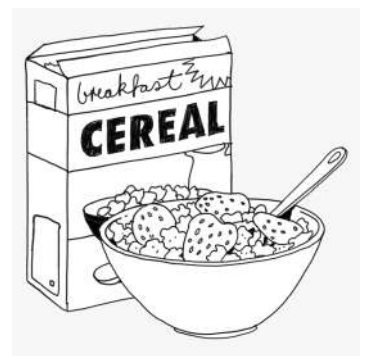
Year 8 Art students exploring African Culture.

YEAR 8



Year 8 work from Graphics

Students creating their own cereal branding and packaging in Graphics.



Graphics

YEAR 9



Year 9 Graphics students developing their Photoshop skills.

Textiles



Year 9 Textiles students experimenting with pattern and texture using fabric.

Street Art

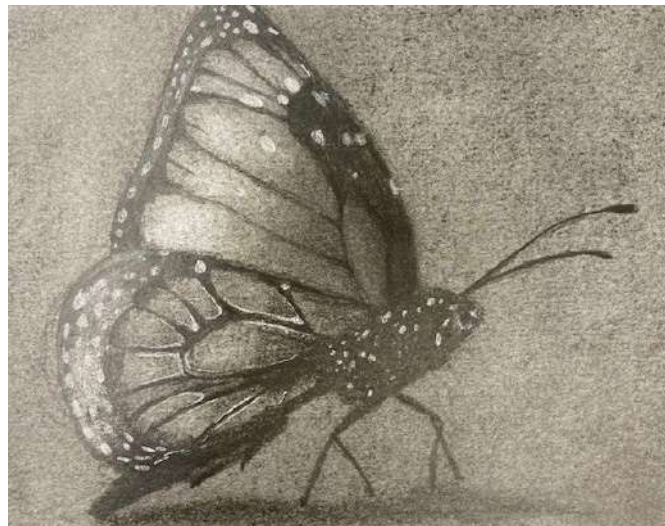
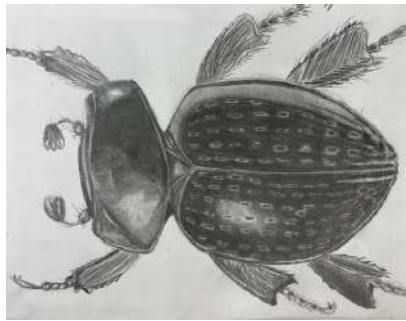
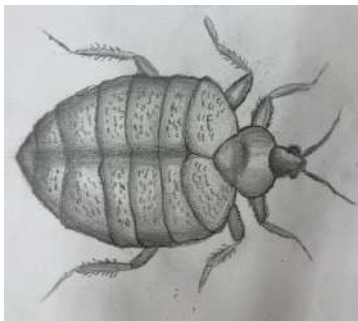


YEAR 10

Graphics



A Year 10 Graphics student creating Food Illustrations for their Waitrose design brief.

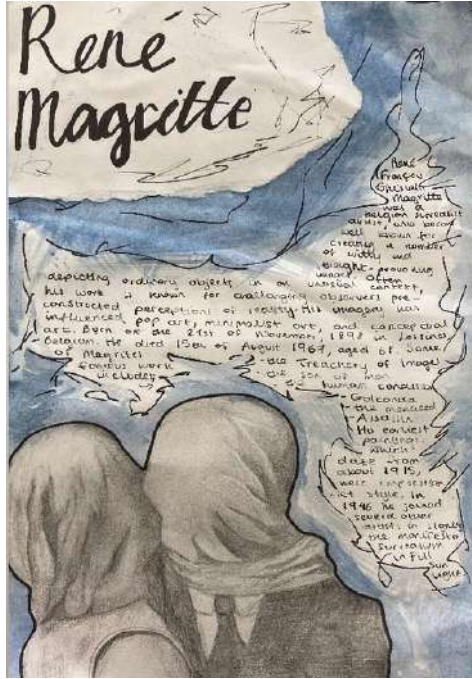
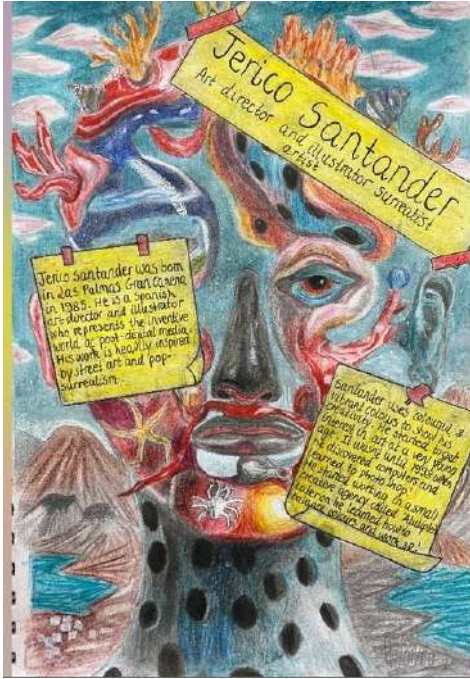


Year 10 Art students developing their tonal skills.



Graphics

More Year 10 Graphics students working on full page work and annotating skills.

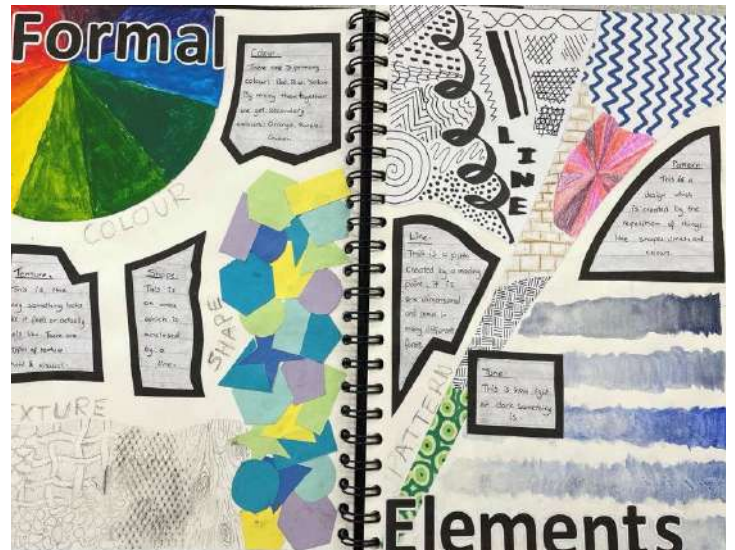
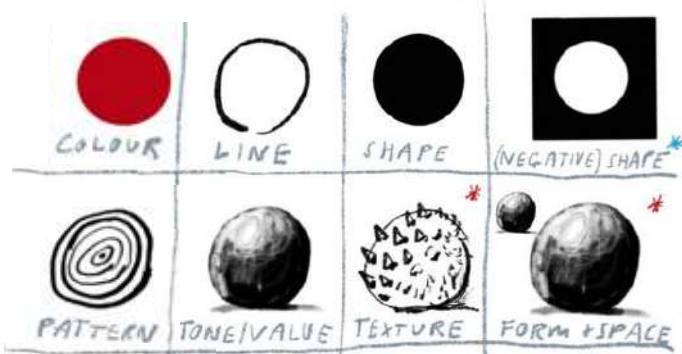


Textiles

YEAR 10



Year 10 Textiles students creating amazing sketchbooks based on the Formal Elements.



the remarkable world of trees photography competition



Emma in 8HE won in the Under 14 Category of The Remarkable World of Trees photography competition. The judges were unanimous in their decision and Emma's photo will represent July in the 2022 Calendar. Congratulations Emma!





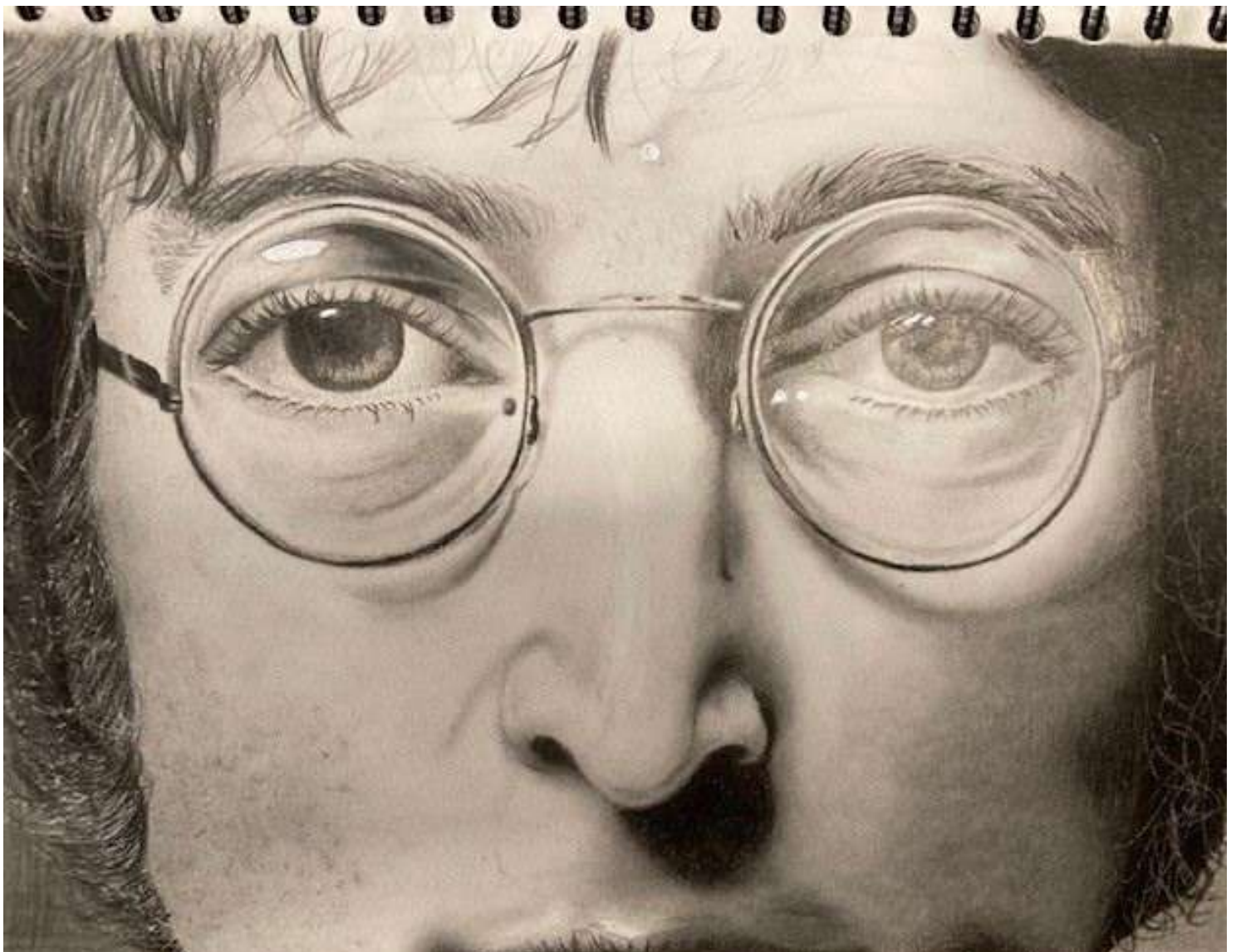
Masterpieces of the Month



The Year 7 Art and Design transition task to create their own Lego characters. [See left]



A Year 11 Art coursework piece drawn by Francesca Coakley in 11B. [See Below]



History

The History Department would like to thank those Year 8 students who took part in our Black History Month Competition. Well done to those who went the extra mile to carry out wider research and we were particularly impressed by those who focused on our Black British History. Once again, the work produced for this competition was done to an extremely high standard. Well done to the runners up for this competition, Grace Johnston 8M, Grace Ward 8G, Christian Lamanga 8He, Emilia Mojzesz 8Hu, Alex Neculai 8V, Iqra Uddin 8A and Wiktoria Staknis 8M. A special congratulations to the overall Winner, Princess Nunoo 8H.

The History department would also like to commend all other Key Stage 3 groups for their positive participation in our Blue Plaque task. They are great ambassadors for the school community and it was a pleasure for the History Department to receive so many positive comments from their teachers across the school who were impressed by their enthusiasm and conduct. It was lovely to see them engaging in the topic, carrying out extra research and cultivating their wider knowledge and understanding of Black History and the roles of individuals.

The History Department



Caythorpe Trip!

The night before the Caythorpe trip I awoke excited for the adventures ahead! The school day was as usual apart from the fact that a coach stood before us at period 3 and that we were wearing non-uniform. Once we arrived after a reasonable journey, the fun began. We dropped off our bags and immediately afterwards we played basketball and had a conversation with our friends on the grass. Our first activity was one of my favourites! We were in our dorm teams and looked all over the campus to find the flags of countries. To make sure we had actually found the flag, we answered a series of questions underneath it. It took us over half an hour to find Italy; it was behind a tree! Next, we went to our dorms and our room had a quiet party. We had bags of pretzels, chocolate bars, a six pack of cherry 7 up, skittles, popcorn, crisps, tangfastics and so much more. I'm not sure how much sleep I got but it probably wasn't much.



All the activities were exhilarating, but I had my own favourites. First place would have to be the vertical challenge. It was a challenge where you had to climb up vertically over different obstacles, hence the name. On the first section was a rope ladder and on the second were some tyres stacked on top of one another. Then stood a rock-climbing wall and finally a cargo net. On my go I made it to the cargo net first and I was dangling there, while I waited for my teammates. It was quite scary! In second place I would give the paddle boarding. I was familiar with the use of the paddles (because I had been canoeing before) but everything else was a mystery. I had such a wonderful time in the warm(ish) water in the afternoon sun. It was really relaxing yet also so fun! I didn't want to leave! Once we did get out though it was a rush to get

ready for dinner, which was the most delicious southern-fried chicken with chips. In third place is the giant swing. It was a large frame with a wrought iron rod attached with a sort of rope. You were attached with a harness and hung from the rod. Me and my partner Ria went as high as possible both times and screamed out our lungs as the swing fell. The only downside was the fact that our legs hurt from being hung up for so long.

Overall it was a fantastic trip! I give it a 10/10 and I would recommend it to any Year 7 who wants to make new friends and go on an exciting adventure.

Written By Isolina Forni

ENGLISH

As ever it has been an eventful start to the year in the English department at Cardinal Newman. Early on, we were treated to some fantastic performances by The Globe Players, a London theatre company, who performed a medley of treats for our students in the school hall – enlivening the drama texts we have been studying and bringing them to life on the stage. The performances included A Christmas Carol for year 7; a Shakespearean mash-up titled What You Will for year 9 and GCSE text performances of Romeo and Juliet and The Strange Case of Dr. Jekyll and Mr. Hyde respectively for year 10 and 11. Do not fear year 8, we have something lined up for you too as we formulate plans with Mrs McHugh to present you with a performance later

in the year. Students seemed to relish the theatre experience at school, one year 7 student commenting that ‘the performers were really funny and made us all laugh’; our GCSE students found the performance of Jekyll and Hyde particularly valuable as it helped jog their memories of the text they studied in year 10. The theatre group are successful not only in capturing the imagination of our students and teachers for the hour-long performances but also in providing snippets of explanation to ensure the presentations are accessible for all. Again, this was particularly valuable for our GCSE students’ understanding but somewhat even more importantly adds to all the students’ enjoyment of the literature they study.



As part of our October celebration of Black History Month we investigated the theme of identity, and consistent with BHM’s theme of ‘Proud to Be’ we opened a KS3 Poetry Competition with the penning of a poem under the same title as the subject matter. We were flooded with creative and thoughtful responses from a great number of students and with difficulty elected our winners and runners-up for each year group. Prizes and certificates will be making their way to students before the end of term. Congratulations to each student who won and

to all who participated, we hope you might be inspired to continue your foray into the art of poetry. Year 9 ‘Proud to Be’ Poetry Competition

Winners:

**Sadhil Pathan, Lilia Coakley,
Ephraim Alengo and Dillon Conway.**

Runners up:

**Braven Vittigas, Alicija Nowadia,
Melisa Chelea, Peter Talaga, Grace
Johnstone, Gaby Aletor, Eve Okamba and
Leticia Santana.**

We have been impressed with the diligence of many of our GCSE students this year, as we continue to offer the online platform *YourFavouriteTeacher* which provides supplementary lessons and study notes for all the topics on our English Literature and English Language curriculum. Students have avidly watched and engaged with over 2,489 lessons on the site.

“

We hope it continues to be of great support and guidance to our students as they progress in their studies.

”

YourFavouriteTeacher are also incentivising students by running the 12 Days of Christmas competition between 1st December and 9th January. Year 10 and 11 students are in with a chance of winning a **£100 Amazon Voucher!** To enter, all they need to do is login, complete lessons and earn coins to enable them to work their way through the 12 ranks over this festive period.

“

These online lessons are an excellent tool to support revision and boost confidence in our students' academic abilities.

”

As a school we have also recently signed up to Seneca Premium and will look to explore this further with our students in the hopes we can make their revision and independent study as high quality and useful as possible.

In the run up to the year 11 mock exams we tried a new approach in the department to Literature revision and each English teacher took responsibility for an aspect of the course to deliver to a different year 11 class each day. This enabled our team to really explore the details and deliver lecture quality lessons and materials to all of the students. The feedback from our year 11s was overwhelmingly positive, and whilst the proof of the pudding remains to be eaten, we wish the year 11s success in their mock exams.

Over the course of the term, the department have had the opportunity to interact and engage with prospective students: both with year 6 students and parents as they toured the school during Open Evening, and with our year 11s as they visited different subjects to solidify their post-16 routes. The October Open Evening was a fantastic opportunity for us to show off the students' Best Books with some of their beautifully crafted creative work and essays. We had a raft of fantastic year 7 helpers on the night who were full of energy and succeeded in creating many fictional monsters and Shakespearean insult battles to intrigue the younger students. We were also delighted with the curiosity in our English Literature and English Language A-Levels on the Sixth Form Open Evening.

“

With over fifty students expressing an interest in continuing their English studies at Cardinal Newman.

”

We are tremendously passionate about these courses and it was rewarding to not only speak with prospective students but to hear how much our current students are enjoying the course as they volunteered to share their experiences on the night. A warm thank you to Fidelia, Erin, Mary and Keira, our current year 13s who were an absolute credit to us and themselves.

There is lots to look forward to across the rest of the year in the English department and once again we are prepared to immerse ourselves in a diverse array of literature and to bring this to life for our students. We hope students take the opportunity to get stuck-in to a really good book over the Christmas holidays and share their recommendations with us! In the words of Tiny Tim in Dicken's *A Christmas Carol*: 'A Merry Christmas to us all; God bless us, every one!'

Miss Dowdeswell
Head of English

POETRY

This Poem was written by Miguel in Year 7 and it was published as part of a collection called **Pandemic Poetry: Words of Hope**

My Prayer

Lord,
Life is hard, quite daunting
Past lives and loved ones haunting
Being forced to cover your face
Too scared of the world to keep your space
Hiding in the shadows
Day after day
Hoping this virus would go away
With years going too fast
Scared we may not last
But just remember...
There are people trying their best
Some work without rest
Giving up their lives in service to the world
Most struggling, yet unheard
Who knows how long this will be?
If only life was a garden where we can flee
Yes, life is hard, quite daunting
Past lives and loved ones haunting
But one day we'll get through
And live life as God wanted us to.

Miguel Dumlao (11)

①

I am proud to be me,
The man I am today,
I am proud to be black,
A man with dark skin,
I'm proud to be Mixed,
Although I've got Black Within,
I'm proud to be Congolese,
Following the family traditions,
I'm proud to be Ugandan,
I wanna carry on the family,
That's the Vision,
My hair is curly, My hair is Afro
And yours might be straight,
But that doesn't mean that we,
Have to, Segregate
I'm proud of my life, ~~and~~
And who I am
My parents shaped me,
To be a true man
I'm proud to be me, I'm proud to be me

Lilia
Cookley
& Hinkey
8/1/23

Proud to be me!

Proud to be
A woman,
In a man's world,
Some may judge,
And say you're nothing,
Just because you're a girl,
They go and talk all about us,
Right behind our backs,
They don't know that we are
changing history,
Our names carved on
blue plaques.

I know that men built the cars,
That we get to school in,
But we have made our mark,
With queens like Anne Boleyn,
They say we have no rights,
That separatist is the worst,
We had a suffragette who taught us that -
Emmeline Pankhurst.

Jane Austen,
Marie Curie,
And Rosa Parks,
We must have a did a lot,
Because you learn about us in class,

So now you must understand,
Yes, now you should see,
That I am a woman,
And a woman
is what I'm proud to be.

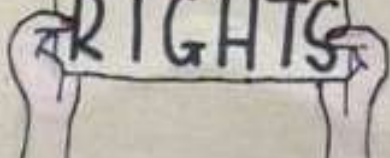
WOMAN'S
RIGHTS

EQUA
LITY

JUSTICE
FOR
GIRLS

PROUD
TO BE
A WOMAN

GRL
PWR



Proud

SAAHIL PATHAN – 7W

People say that being proud, doesn't mean you want clout.

People say, that being proud means being pleased for your actions.

But in reality, it is much more complex,

Like saying, you have a prospect.

You may be proud for a person, place or thing

Maybe, it's what you made: like that old ring.

Maybe it's who you love, your parents probably

Or the key workers, who work tirelessly.

Be proud for your friends,

Who guide you through life, end-to-end.

They're there through your ups and downs,

Just so you won't have a frown.

Be grateful for your parents

Who work all the time, to pay that rent.

They provide food on the table.

And maybe, read you a fable.

Be thankful for key workers,

Who work and work, just to keep us going.

Who're there for us, when we're hoping.

But most importantly...

Be proud for yourself.

You are a one in a trillion.

You believed in yourself,

Even when times were tough.

All you have to do: Just keep moving.

Netball

Year 7 Netball

Congratulations to the following girls who regularly played matches for the school this term:

Alicija Nowacka

Ella Stoker

Julia Kwatkowska

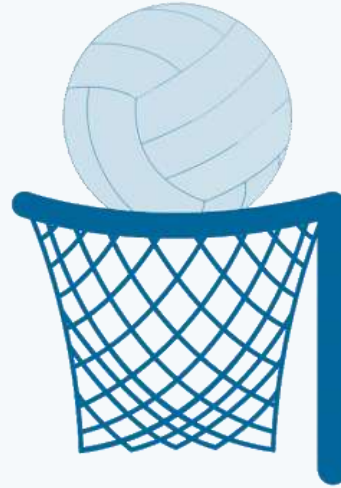
Olivia Breach

Varshika Thwkuma

Sinead O'Brien

Isolina Forni

Sheena Ward



They showed their commitment by attending netball practice weekly after school. Although results did not show wins, the team worked hard, showed tenacity, and have made progress. There will be more matches as Netball will resume after the Christmas break.

With thanks, Mrs K Slawinski OBE

Year 8 Netball

Amelia Dubielak

Maisy McDermot

Julia Besciak

Shayna Hibble

Grace Ward

Jessica Emeh

Grace Marriott

Stephanie Okjie

Wiktoria Kacilowicz



Each of the above pupils has regularly attended training this term and have shown great commitment to their team. They have worked hard, are keen to improve and always demonstrate a high level of determination, even in the face of adversity. As a result, they have made excellent progress as a team and finished 2nd in the Luton Netball league.

With thanks, Mrs V Topa

Year 9 Netball

Congratulations to the Year 9 netball team, who have had a very successful netball season.

Training took place each week in preparation for the Bedfordshire County Plate Championships. They played some neat netball in windy weather conditions. It was a round robin competition, and although they played and defeated Cedars 8-6, Cedars beat Bedford Girls School and then we lost to BGS 3-5!! It was an exciting finish to the competition awaiting the final mathematical calculations! I was very pleased with their overall performance as they finished a creditable 2nd place, losing on goal difference to Cedars School. They did not lose any of their Luton Schools' league games and finished a creditable second.....again...in the final losing by one goal to Lealands 6-7. The team are excellent at turn over ball but are still a 'work in progress' in converting this possession into even more goals!

The players who participated in the County Plate Championships & Luton Schools were:

Jodecy Zungurza

Kacie Thomas

Ann-Elizabeth Ezeala

Ifunanya Umeano

Gabby Aletor

Zafeera Ighomrove

Kelly Ferguson

Arianna Claxton

Sky Ihunga

Kayla Obuh □

With thanks, Mrs K Slawinski OBE



Year 10 Netball

The following players have attended practice each Friday and have been a tremendous help in challenging the Yr 11 (U16) team. Although a year young for U16 they have continued to work hard and improve. They had an away fixture v Icknield, and the following players had a convincing win 15 – 4, playing some really lovely court craft:

Sean Jose

Hannah Marks

Maisie McDonagh

Maddison Fontenelle

Casey Fontenelle

Precious Olayinka

Joy Ohenewaa-Asieru



The following U14's were also integrated into this U15 group: Kacie Thomas, Gabby Aletor & Ifunanya Umeano

U16 Netball

Congratulations to the Year 11 netball team, who have had a super and successful netball season. Training took place each Friday night after school and their commitment has been first class. They had missed out on competitive netball due to the pandemic but were very focused and determined to play their best netball whenever they got the chance! In preparation for the Bedfordshire County Plate Championships, they worked hard and won all of their Luton League matches very convincingly with scores like - 20 -12 / 27-2. At County they played 4 matches of 9 minutes each way in the round robin competition. They played all 4 consecutively and became the RR Plate winners. The team were looking to repeat this success at the Luton Schools finals. They won the semi-final 25 -5 v Stockwood Park Academy . In the final they defeated Lealands 18 -13. The team were crowned outright LS winners and they were determined to finish the season as winners having won the title in Year 7 & 8! The team are excellent at turn over ball and converting this possession into even more goals!

The players who participated in the LS Finals & County Plate Championships were:

Temí Adeijemi

Chelsea Koleosha

Alison Cawley

Molly Maguire

Katie Brown

Mikhaela Karanja

Rowena Barrow

Ellisia Mason

Ella Vizard

Martha Ruwodo



With thanks, Mrs K Slawinski OBE



***A big thank you to all players
for bringing their hard work
and fun to all our training
sessions.***

***A huge thanks to our parents/
guardians too, for all the
support you have given your
daughter and the Dept. so
they can play netball.***

N6 Student:

Katie Connolly

MARATHON



N6 Student, Katie Connolly, took part in the Virgin Money Giving Mini London Marathon and completed the race in 15 minutes 8 seconds! Here is a message from the amazing athlete herself:

“On 3rd October, I took part in the Virgin Money Giving Mini London Marathon. I raced 2.6km in my racing wheelchair. I managed to complete the course in 15 minutes 8 seconds. It is such an amazing achievement and I hope to do it again next year. Also, in the future I hope to one day, complete the full marathon. I am extremely proud of everything I have accomplished. The atmosphere was fantastic. The crowds were so encouraging.”



6th Form Crisis Aid



We couldn't be prouder of our Newman 6th Form students who raised a total of £1964 for Crisis Aid UK. The money raised was used to distribute emergency relief packages in Palestine.

Crisis Aid Manager Khalid Ayaz and Trustee Sultan Mahmood were extremely proud to present a Certificate of Appreciation to Cardinal Newman and Newman Sixth Form, and goody bags for the main Fundraisers, Zainab, Hafsa, Sumayyah and Samira!



£1964!



Bedfordshire
Cambridgeshire
Northamptonshire



Young People's Forum

Young voices inspiring action for wildlife

Help the Wildlife Trust for Beds, Cambs, and Northants make even more of a difference for wildlife.

We're looking for passionate volunteers to join our Young People's Forum. You need to be aged 11-24, concerned about environmental issues and local wildlife, and interested in helping the Trust support other young people to take direct action.

Could that be you? Find out more and apply online:

wildlifebcn.org/young-peoples-forum

*Get involved
and make a
difference*



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