# WEEK 1 MENU

### FOOD UNION

	CHOICE	CHOICE
MON	SPICE IS NICE	CLASSICS
	<b>Chicken Tikka Masala % %</b> Served with Wholegrain Rice and Spiced Cauliflower	<b>Vegetarian Bolognaise</b> With Wholewheat Pasta
TUE	BURGER BAR	BURGER BAR
	<b>Beef Burger</b> Served with Baked Garlic and Herb Wedges and Corn on the Cob	<b>Veggie Burger ⊘</b> Served with Baked Garlic and Herb Wedges and Corn on the Cob
WED	CLASSICS	CLASSICS
	Honey Roast Glazed Ham with Vegetables and Gravy	Macaroni Cheese 🛛
THUR	CLASSICS	FEASTIVAL
	<b>Cottage Pie</b> With Vegetables and Gravy	<b>Chilli No Carne o 😻 🎯</b> with Wholegrain Rice
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES
	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	Quorn Sausage Roll Served with Chips, Baked Beans and Peas

## GRAB,& GO

#### HOT DISHES:

Paninis Pasta and Sauces Freshly Baked Pizza

Jacket Potato and Toppings

#### SALADS:

Tuna and Sweetcorn Pasta Salad ↔ Pesto Pasta Salad ╈ ⊙ ↔ Chicken and Bacon Pasta Salad

#### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich Chicken Salad Sandwich Cheese Baguette Tuna Mayo Baguette BLT Baguette

#### WRAPS:

Pepper and Houmous Wrap () (\*\*\*) BBQ Chicken Wrap (\*\*\*\*) Chicken Caesar Wrap (\*\*\*\*)

Wholegrain 🔊 Oily fish Schoice Vegetarian 🕸 Oily fish Wholegrain

Our menu is subject to change.

## WEEK 2 MENU

#### CHOICE CHOICE **CLASSICS CLASSICS** MON Sausage and Mash Vegetarian Sausage and Mash 👩 Served with Vegetables and Gravy Served with Vegetables and Gravy SPICE IS NICE PAN ASIAN TUE West African Chicken Rice 🥪 Sweet and Sour Vegetables 👩 😻 👳 With Wholegrain Rice **CLASSICS** CLASSICS WED **Roast Quorn Roast Beef** with Roast Potatoes, Vegetables and Gravy with Roast Potatoes, Vegetables and Gravy **SPICE IS NICE CLASSICS** THUR Chicken Tikka Masala Vegetarian Cottage Pie 💿 💿 with Wholegrain Rice 🐲 🤗 with Vegetables and Gravy **FRIDAY FAVOURITES** FRIDAY FAVOURITES FRI

**Battered Fish** Served with Chips, Baked Beans and Peas Urban Veggie Dog v with Chips, Baked Beans and Peas GRAB & GO

#### HOT DISHES:

Paninis Pasta and Sauces Freshly Baked Pizza

**Jacket Potato and Toppings** 

#### SALADS:

Tuna and Sweetcorn Pasta Salad & Pesto Pasta Salad & Roasted Indian Chickpea Salad & O

#### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich Chicken Salad Sandwich Cheese Baguette Tuna Mayo Baguette BLT Baguette

#### WRAPS:

Pepper and Houmous Wrap () (\*\*\*) BBQ Chicken Wrap (\*\*\*\*) Chicken Caesar Wrap (\*\*\*\*)

😻 Nutritionist's Choice 🛯 Vegetarian 洓 Oily fish 🛚 😻 Wholegrain

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### FOOD UNION

## WEEK 3 MENU

CHOICE

**BURGER BAR** 

#### MON **Beef Burger** Veggie Burrito 👩 😻 💖 with Chipolte Wedges with Garlic and Herb Wedges and Mixed Salad **SPICE IS NICE** PAN ASIAN TUE Butter Chicken ᇔ 👐 Teriyaki Vegetarian Wrap 👩 🐲 💝 with Wholegrain Rice Served with Satay Sweetcorn **CLASSICS HOT DELI** WED **Roast Chicken** Sticky BBQ Quorn Pitta 💿 Roast Potatoes, Vegetables and Gravy Served with Baked Garlic and Herb Wedges ITALIAN ITALIAN Vegetarian Lasagne 📀 🔗 Beef Lasagne 🐲 THUR Served with Garlic and Herb Bread and Mixed Served with Garlic and Herb Bread and Mixed Salad Salad **FRIDAY FAVOURITES FRIDAY FAVOURITES**

Battered Fish Served with Chips, Baked Beans and Peas Vegetable Tikka Sausage Roll

CHOICE

STREET

Served with Chips, Baked Beans and Peas

GRAB,& GO

#### HOT DISHES:

Paninis Pasta and Sauces Freshly Baked Pizza

**Jacket Potato and Toppings** 

#### SALADS:

Tuna and Sweetcorn Pasta Salad & Pesto Pasta Salad & Roasted Indian Chickpea Salad &

#### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich Chicken Salad Sandwich Cheese Baguette Tuna Mayo Baguette BLT Baguette

#### WRAPS:

Pepper and Houmous Wrap () (\*\*\*) BBQ Chicken Wrap (\*\*\*\*) Chicken Caesar Wrap (\*\*\*\*)

😻 Nutritionist's Choice 🛯 Vegetarian 洓 Oily fish 🛚 👹 Wholegrain

FRI

Our menu is subject to change.

### FOOD UNION