

MONDAY



MAIN MEAL

LEMON & HERB PIRI PIRI CHICKEN

Spicy Rice

VEGETARIAN MEAL

PIRI PIRI QUORN

Macho Peas & Spicy Rice





TUESDAY

MAIN MEAL

MEXICAN STYLE BEEF LASAGNE

Garden Salad & Homemade Garlic
Bread

VEGETARIAN MEAL

VEGETABLE & MIXED BEAN LASAGNE

Garden Salad & Homemade Garlic
Bread



WEDNESDAY



MAIN MEAL **HONEY GLAZED ROAST** **GAMMON**

Crisp Roast Potatoes, Seasonal
Vegetables, House Gravy

VEGETARIAN MEAL **ROASTED SQUASH & FETA** **PIE**

Seasonal Vegetables or Salad





THURSDAY

MAIN MEAL

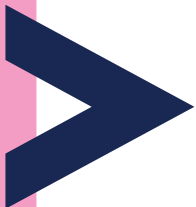
CHICKEN TIKKA MASALA

Served with Rice & Coriander Salad

VEGETARIAN MEAL

CRUNCHY TOPPED MACARONI CHEESE

House Salad or Seasonal
Vegetables





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

VEGETARIAN MEAL

BBQ BEAN BURGER

Chips & Garden Peas



MONDAY



MAIN MEAL

TRADITIONAL SAUSAGE & MASH

Onion Gravy

VEGETARIAN MEAL

VEGAN SAUSAGE & BEAN CASSEROLE





TUESDAY

MAIN MEAL

**CHICKEN & TOMATO PASTA
BAKE**

Garden Salad

VEGETARIAN MEAL

**NO WASTE CAULIFLOWER
CHEESE PASTA BAKE**

Garden Salad



WEDNESDAY



MAIN MEAL

ROAST TURKEY

Crisp Roast Potatoes, Seasonal
Vegetables & House Gravy

VEGETARIAN MEAL

CHEESE, LEEK & POTATO

PIE

Seasonal Vegetables





THURSDAY

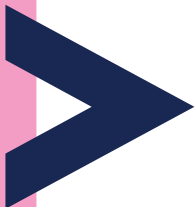
MAIN MEAL

SWEET & SOUR CHICKEN

Fried Rice

VEGETARIAN MEAL

**CHINESE VEGETABLE STIR
FRY**





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas

VEGETARIAN MEAL

**VEGAN QUORN & RANCH
SLAW BURGER**

Chips & Peas



MONDAY



MAIN MEAL

KUNG PAO CHICKEN

Wholegrain & White Egg Fried Rice

VEGETARIAN MEAL

ASIAN VEGETABLE, SOYA BEAN & NOODLE STIR FRY





TUESDAY

MAIN MEAL

MAC & CHEESE BOLOGNAISE

House Salad

VEGETARIAN MEAL

PLANT BASED BOLOGNAISE

Wholegrain Pasta, House Salad



WEDNESDAY



MAIN MEAL

ROAST SHOULDER OF PORK

Crisp Roast Potatoes, Seasonal
Vegetables & House Gravy

VEGETARIAN MEAL

SMASHED BUTTERNUT SQUASH MAC AND CHEESE

Slaw, Garden Salad





THURSDAY

MAIN MEAL
CHICKEN KORMA

Pilau Rice

VEGETARIAN MEAL
CAULIFLOWER BHAJI

Pilau Rice & Minted Yoghurt





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY' FISH,
PIZZA OR FISHCAKE**

Chips, Peas & Tartare Sauce

VEGETARIAN MEAL

**CHICKPEA, CARROT &
SESAME BURGER**

Asian Slaw, Chips & Peas

