

Eduqas- Health & Social Care

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Overview of the subject

Health and Social Care aims to give students a broad understanding of the knowledge and skills needed for further study or work in health, social care or early years.

By completing this qualification, you will become equipped with a sound, specialist knowledge as well as skills for everyday use.

Health and Social Care at Cardinal Newman offers an interesting and varied programme of study. It has been a popular option choice for many years. It prepares students with a range of skills needed for further and higher education.

Methods of Assessment:

This course is a mixture of coursework and one exam, it is broken down into the below;

Summary of Assessment

Unit 1: Health, well-being and development throughout the lifespan

Written examination: 1 hour 20 minutes

40% of qualification

80 marks

Questions requiring short and extended answers, based around applied situations. Learners will be required to use stimulus material to respond to questions.

Unit 2: Outcome-focused and person-centred practice in health and social care

Controlled assessment: 16 hours

60% of qualification

120 marks

Two assignments will be provided by WJEC which will include:

Assignment 1: a case study and several tasks

Assignment 2: a scenario and several tasks

These will be available via the WJEC Secure Website

Key Content and Topics Covered

Currently in YEAR 10

You will work towards completing the exam unit. The exam will take place in the summer of Year 11. The exam topic will be;

Unit 1: Health, well-being and development throughout the lifespan You will:

- Learn about the different ways that individuals grow and develop during their life stages, including the different factors that can affect growth and development.
- You will also have some small project work to assess your knowledge and understanding of Unit 1.

YEAR II -

You will cover Unit 2 which comprises of two assignments. The work for these will be completed in class, but will involve some research and preparation in your own time. Unit 2: Outcome-focused and person-centred practice in health and social care You will:

- Learn about the value of person-centred practice, through application of how
 provision and practitioners' roles meet the needs of individuals. You will also
 learn about the legislation and standards which need to be met
- Develop an understanding of issues around safeguarding and types of abuse

You will also take your Unit I exam in the summer of Year II.



Skills developed	Unit I enables learners to gain and develop knowledge and understanding of how individuals grow and develop during the life stages; they will also gain an understanding of how health and well-being is promoted.
	Unit 2 enables learners to develop and apply knowledge and understanding of the value of person centred practice, safeguarding and modern-day challenges to health and well-being.
	Learners will need to draw on knowledge and understanding from Unit 1 alongside knowledge and understanding from Unit 2 in order to complete the Unit 2 assessment.
Progression routes:	The course can lead onto to the BTEC Level 3 Health and Social Care qualification and support access to other social science subjects. It gives you a strong foundation for working within any field in the health and social care service.
Why choose this subject	Those that have an interest in social care and the roles within health and social care, and a great starting point for careers in nursing, midwifery and social work, psychology, childcare, etc. It helps students understanding how life style choices, mental health and social factors affecting peoples well-being.
Course requirements	 The desire and interest to learn about how people develop and grow through different life stages and how to look after their physical, intellectual, emotional and social (PIES) well-being. Good written communication for assignments and case studies needed to help with completing Unit 2's coursework content.
Student Testimonial	'I really enjoy the variety of assessments that we get to do in different forms, which isn't available for other courses. The combination of coursework and written exams is a perfect balance, and I feel like the organisation and time management skills I have gained has prepared me for the workload for university. I definitely recommend health and social to anyone who wants to keep their career options open' Year 13 student, 2025
Additional Information	Students will be expected to be organised to enable them to keep up with coursework deadlines.