



# Pearson BTEC Level 1 and 2 Awards in Home Cooking Skills

HoD: Mr Kravec

<b>Overview of the subject</b>	The Pearson BTEC Level 1 and Level 2 Awards in Home Cooking Skills are suitable for learners to develop: <b>knowledge, understanding and confidence to cook meals at home, an understanding of how to economise when planning a meal, an ability to transfer skills learned to different recipes, an ability to inspire others by transferring that knowledge.</b>
<b>Methods of Assessment:</b>	<b>Level 1 (Y10)</b> Total qualification time (TQT): 40 Guided learning hours (GLH): 40 Credit value: 4 Assessment: Centre-devised assessment (internal assessment) Grading information: The qualification and units are at pass grade. <b>Level 2 (Y11)</b> Total qualification time (TQT): 60 Guided learning hours (GLH): 60 Credit value: 6 Assessment: Centre-devised assessment (internal assessment) Grading information: The qualification and units are at pass grade.
<b>Key Content and Topics Covered</b>	Both <b>Level 1</b> (in Y10) and <b>Level 2</b> (in Y11) follow the same structure. Lesson outcomes consist of various recipes, which are planned and demonstrated by the teacher in line with the <b>Assignment Briefs authorised by the Exam Board.</b> Teacher's demonstrations and tutor-led discussions are followed by practical lessons. E.g. Level 1 Assignment Brief: Cooking for a friend Level 2 Assignment Brief: Birthday Celebration
<b>Skills developed</b>	Students will have five 1-hour lessons per fortnight. Each practical session includes discussions about food sourcing, nutrition, hygiene and food labelling of the ingredients involved in each recipe. Within practical lessons students will focus on developing their cooking skills. Having gained home cooking skills, learners are encouraged to reflect on the benefits of their new abilities, which may include reports from peers, friends and family.
<b>Progression routes:</b>	Learners who have achieved the BTEC Level 1 Award in Home Cooking Skills can progress on to the BTEC Level 2 Award in Home Cooking Skills. The intended destinations for learners successfully achieving these qualifications include GCSEs and/or A Levels. Apprenticeships BTEC specialist qualifications may also enhance learners' self-development by providing them with valuable life skills.
<b>Why choose this subject</b>	BTEC Level 1 and Level 2 Awards in Home Cooking Skills course is for those students who demonstrated love for learning about healthy diet, cooking different dishes, and they either plan to continue studying Food further or just intend to develop their cooking skills.
<b>Course requirements</b>	No prior knowledge, understanding, skills or qualifications are required before learners register for this qualification, however, passion for Food preparation is desired.
<b>Additional Information</b>	<a href="#">Specification - BTEC Level 1 and 2 Awards in Home Cooking Skills</a>